

Join us in NASHVILLE

GAPNA
Gerontological Advanced
Practice Nurses Association

**PHARMACOLOGY &
Prescribing In Older Adults**

March 6-8, 2025
Sonesta Nashville Hotel
Nashville, TN



CONFERENCE SCHEDULE

Thursday, March 6, 2025

All times in Central Time (CT).

2:00 pm - 7:00 pm

Registration Open

4:30 pm - 6:00 pm

Welcome and Exhibits

Friday, March 7, 2025

All times in Central Time (CT).

6:30 am - 5:45 pm

Registration Open

7:00 am - 8:00 am

Industry-Supported Presentation Theater (Seating is limited)

Presentation theater and breakfast will be provided if industry support is received.

8:00 am - 9:00 am

Session 101: Safeguarding Long-Term Care Facilities from Infectious Disease Outbreaks

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Natalie Baker, DNP, ANP-BC, GNP-BC, CNE, GS-C, FAANP, FAAN

This session will explore updates in prevention and management of infectious disease outbreaks in long-term care facilities.

9:00 am - 9:45 am

Coffee Break and Exhibit Networking

9:45 am - 11:15 am

Session 102: Improving Heart Function and Managing Heart Rhythm: Which Drugs and Why?

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

Margaret Bowers, DNP, FNP-BC, CHSE, FAANP, FAAN, FACC, PNA

This session will discuss the current guideline-directed medical therapy for heart failure and atrial fibrillation and implications for use in older adults.

11:20 am - 12:20 pm

Session 103: Falls: Optimizing the Medication List

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Jennifer Kim, DNP, GNP-BC, GS-C, FNAP, FAANP, FAAN

Falls are a common and serious problem for older adults and are the leading cause of injury for those 65 and older. This session will focus on optimizing an older adult patient's medication list to minimize the risk of falling and the injuries related to falls.

12:20 pm - 1:20 pm

Industry-Supported Presentation Theater (Seating is limited)

Presentation theater and lunch will be provided if industry support is received.

1:20 pm - 2:20 pm

Session 104: Delirium: When Preventative Measures Fail - Evidence-Based Interventions with a Focus on Deprescribing

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Kanah Lewallen, DNP, AGPCNP-BC, GNP-BC, CHSE

Delirium, a common and serious condition in older adults, often necessitates careful pharmacological management and the judicious use of deprescribing strategies. This session will delve into the intricacies of managing delirium with a particular focus on the role of deprescribing in optimizing patient outcomes.

2:20 pm - 2:50 pm

Refreshment Break and Exhibit Networking

2:50 pm - 3:50 pm

Session 105: Current Pharmacological Treatment of Neurocognitive Disorder-Related Symptoms

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

J. Scott Anderson, MD

The session reviews recent developments in drug treatment of psychiatric and behavioral symptoms in the older adult population. Pharmacokinetics, adverse effects, and assessing efficacy are reviewed. The special vulnerability of older adult patients to pharmacologic agents are emphasized.

3:55 pm - 5:25 pm

Session 106: Urological Issues in Older Adults: Pharmacological Management

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

Bethany Parsell, MSN, APRN, CNP, CUNP

This session will provide a pharmacotherapy review of medication dosing pearls for older adults with urologic issues. Discussion will include management of common urologic conditions effecting older adults following evidence-based guidelines and safe prescribing practices.

GAPNA 2025 Pharmacology Conference Planning Committee

Kanah Lewallen, DNP, AGPCNP-BC, GNP-BC, CHSE, Chair

Abby Luck Parish, DNP, AGPCNP-BC, GNP-BC, FNAP

Jennifer Kim, DNP, GNP-BC, GS-C, FNAP, FAANP, FAAN

Kelly Shank, APRN, ANP-C

Linda Wright, DrNP, RN, CNN, CCTC, Education Director



CONFERENCE SCHEDULE

Saturday, March 8, 2025

All times in Central Time (CT).

7:00 am - 1:30 pm

Registration Open

7:00 am - 8:00 am

Industry-Supported Presentation Theater (Seating is limited)

Presentation theater and breakfast will be provided if industry support is received.

8:00 am - 9:00 am

Session 201: Osteoporosis Update

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

S. Bobo Tanner, MD, CCD

Osteoporosis is a prevalent problem among older adults. This session will provide an update on standard of care for diagnosis, treatment, and follow-up to optimize older adult bone health.

9:05 am - 10:05 am

Session 202: Pharmacotherapy for Parkinson's Disease

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Abigail Luck Parish, DNP, AGPCNP-BC, GNP-BC, FNAP

This session will review the latest information on the pharmacological treatment of movement disorders in the older adult population.

10:05 am - 10:20 am

Coffee Break

10:30 am - 11:30 am

Session 203: Opioid Use Disorder in Older Adults

1.0 contact hour (which includes 1.0 hour of pharmacology credit)

Kimberly Beiting, MD

Opioid misuse and opioid use disorder are on the rise among older adults. This session will discuss the impact of substance abuse disorders (SUD) on an aging population, explore how geriatric syndromes may impact SUD care in adults aging with addiction, and review the use of buprenorphine and other medications for opioid and substance use disorders in older adults with SUD.

11:30 am - 1:00 pm

Session 204: Comprehensive Diabetes Care: Tailoring Strategies for Seniors

1.5 contact hours (which includes 1.5 hours of pharmacology credit)

Elizabeth Bell-McClure, DNP, FNP

In this session, we will review new and future diabetes medications, cardiovascular and renal risks and benefits, and the safety and efficacy of different medications in the aging population. We will also review diabetes management in acute and long-term care facilities.

1:00 pm - 2:00 pm

Closing Remarks

On-Demand Pre-Registration

If you cannot register to attend the conference in person, you can register in advance for On-Demand virtual access to education sessions after the conference ends.

With the On-Demand registration option, you can pre-purchase access to this conference for convenient, on-demand viewing after the conference. You will have access to recorded sessions and slides from the conference program to view or listen at any time from the convenience of your work, home or mobile device.

This purchase includes access to all educational conference sessions, excluding industry-supported presentation theaters.

You will be able to evaluate and earn up to 11.5 nursing continuing professional development (NCPD) contact hours, including pharmacology credit.

NCPD credit from this conference is available through the posted date, which is approximately 2 years after the live event.

Nursing Continuing Professional Development

Earn up to 11.5 nursing professional continuing development (NCPD) contact hours for professional development, recertification, and relicensure.

All NCPD sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the learning outcome and content outline.

This educational activity is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is an approved provider of continuing nursing education by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA Online Library and Session Handouts

Full conference attendees receive free access to all conference sessions on the GAPNA Online Library conference page. Session recordings will be available approximately 4 weeks after the conference. Session handouts will be available approximately 2 weeks prior to the conference.



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Organization/Employer Name:		
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work		
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Daytime Phone: <input type="checkbox"/> Personal <input type="checkbox"/> Business		
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<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors		
Non-members may register at the Member rate by including membership fee with registration fees.	GAPNA Member	Non-member
In-Person Main Conference Registration Fees		
Postmarked 2/8/25 & before - Early Bird Fee	<input type="checkbox"/> \$319	<input type="checkbox"/> \$429
Postmarked 2/9/25 & after - Regular/Onsite Fee	<input type="checkbox"/> \$399	<input type="checkbox"/> \$509
On Demand Main Conference Registration Fees		
Postmarked 2/8/25 & before - Early Bird Fee	<input type="checkbox"/> \$319	<input type="checkbox"/> \$429
Postmarked 2/9/25 & after - Regular/Onsite Fee	<input type="checkbox"/> \$399	<input type="checkbox"/> \$509
Daily Rate - For In-Person Registration Only		
Daily - <input type="checkbox"/> Friday	<input type="checkbox"/> \$255	<input type="checkbox"/> \$325
Daily - <input type="checkbox"/> Saturday	<input type="checkbox"/> \$155	<input type="checkbox"/> \$205
No Contact Hour Registration Fee	<input type="checkbox"/> \$199	
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal		
<input type="checkbox"/> Regular (advanced practice Nurses) <input type="checkbox"/> Associate (other)		<input type="checkbox"/> \$125
<input type="checkbox"/> Student <input type="checkbox"/> Retired		<input type="checkbox"/> \$95
Foundation donation		<input type="checkbox"/> \$ _____
Please contact us via GAPNA@ajj.com to advise of any dietary or disability needs.		

3 Ways to Register

- ▶ **1** Register online at www.gapna.org
- ▶ **2** By fax: 856-218-0557
- ▶ **3** Mail completed form with payment to:
GAPNA Registration
 East Holly Avenue/Box 56
 Pitman, NJ 08071-0056

Registration cannot be processed without payment.
 Purchase Orders cannot be accepted.

All cancellations and transfers must be received in writing. For cancellations postmarked on/by February 6, 2025, we will refund registration cost, less a \$75 administration fee. We are unable to make refunds after February 6, 2025, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address. You will receive your receipt/confirmation information via the email address used to register for this meeting. To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through March 31, 2025, to qualify for member rates. Current may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

PAYMENT OPTIONS
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