



PHARMACOLOGY &  
Prescribing in Older Adults

# Live Virtual Event

March 4-6, 2021



For details visit

[www.gapna.org](http://www.gapna.org)

# 2021 Virtual CONFERENCE



Earn up to 15.25 contact hours, which includes 15.25 hours of pharmacology credit.  
Register at the member rate by February 1, 2021 and save up to \$180.

For additional details, visit [gapna.org](http://gapna.org)

## CONFERENCE SCHEDULE

Times listed are in Eastern time zone.

### Thursday, March 4, 2021

10:00 am – 11:00 am

#### Industry-Supported Presentation Theater

Presentation theater will be provided if industry support is received.

11:10 am – 11:15 am

#### Conference Welcome

11:15 am – 12:30 pm

#### 101 General Session (1.25 CH which includes 1.25 hours of pharmacology credit)

##### COVID-19 across the Settings: Acute to Long-Term Care, Home Care, and Primary Care

*Benjamin Smallheer, PhD, RN, ACNP-BC, FNP-BC, CCRN, CNE*

The COVID-19 pandemic spans all care settings and illness severity from asymptomatic to critically ill. Often, the patient care setting and plan of care must change as illness presentation fluctuates. This session will present a review of the changing evidence-based pharmacologic care management across settings and illness trajectory.

12:30 pm – 1:30 pm

#### Industry-Supported Presentation Theater

Presentation theater will be provided if industry support is received.

1:40 pm – 2:40 pm

#### 102 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)

##### Vaccines: The Health Promotion Continuum

*Cynthia Gersentlauer, ANP-BC, GNCS-BC, CCD*

The CDC recommends routine vaccination throughout life to prevent vaccine-preventable diseases. Older adults are especially vulnerable to communicable diseases and are at higher risk for illness, complications, and disability. APRNs have a duty to understand the role and necessity of recommended vaccines and need to be able to provide comprehensive vaccine information.

2:50 pm – 3:50 pm

#### 103 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)

##### Endocrine Management in the Older Patients

*Elizabeth Bell, MSN, RN, FNP-C*

This session will provide a brief review of common endocrine disorders of the older adult and review of prescribing guidelines. Along with a diabetes pharmacology update, a general overview of thyroid management, hormonal considerations, and emergencies will be discussed.

3:50 pm – 4:50 pm

#### Industry-Supported Presentation Theater

Presentation theater will be provided if industry support is received.

5:00 pm – 6:00 pm

#### Social Networking Event

Virtual attendees will be able to interact and engage with one another during this networking time.

### Friday, March 5, 2021

10:00 am – 11:00 am

#### Industry-Supported Presentation Theater

Presentation theater will be provided if industry support is received.

11:10 am – 12:10 pm

#### 201 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)

##### Genetics and Pharmacology

*Laurie Connors, DNP, FNP-BC, AGN-BC, AOCNP, FAANP*

This session will explore the translation and application of pharmacogenomics to optimize drug treatment in the geriatric population. In addition, clinical applications of personalized oncology care with mismatch repair deficiency predicting response of tumors to PD-1 blockade and PARP inhibitors for cancer patients with BRCA mutations will be reviewed.

**12:10 pm – 12:55 pm**

**Virtual Exhibit Hall**

Visit the virtual exhibit hall to connect with exhibitors live and to support our exhibitors and GAPNA!

**12:55 pm – 1:55 pm**

**202 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)**

**Antibiotic Stewardship and AGS Beers Criteria®**

*Richard Zelkowitz, RPh, MS, FASCP*

This session will discuss antibiotic stewardship programs, including antibiotic use and resistance. Treatment of urinary tract infections, methods of tracking antibiotic use, and common inappropriate uses and alternatives to older patients medications also will be shared.

**2:05 pm – 3:05 pm**

**203 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)**

**Seizure Management**

*Kelly Blessing, FNP*

This session will discuss selecting the appropriate antiepileptic medication regimens for adult seizure patients throughout the healthcare spectrum from acute to chronic management.

**3:15 pm – 4:15 pm**

**204 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)**

**Management of Movement Disorders**

*Emily Peron, PharmD, MS, BCPS, BCGP, FASCP, FCCP*

This session will provide an in-depth review of current pharmacological treatments for movement disorders in the older adult.

**4:15 pm – 5:15 pm**

**Industry-Supported Presentation Theater**

*Presentation theater will be provided if industry support is received.*

## Saturday, March 6, 2021

**10:00 am – 11:00 am**

**Industry-Supported Presentation Theater**

*Presentation theater will be provided if industry support is received.*



*Yours was the first Virtual Conference I had attended. It went off without a hitch. Topics were excellent – I rate 10/10. I will most defiantly watch for your presentations in the future.*

2020 Annual Conference Attendee

**11:10 am – 12:10 pm**

**301 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)**

**Deprescribing: An Essential Part of the Prescribing Continuum**

*Jennifer Kim, DNP, GNP-BC, FNAP, FAANP, GS-C*

APRNs must incorporate deprescribing into daily practice to optimize wellness and safety in their older adult patients. This session will focus on deprescribing methods and guidelines that APRNs can use in all clinical settings. Case studies will highlight common clinical situations in which the APRN should consider deprescribing.

**12:10 pm – 12:40 pm**

**Virtual Exhibit Hall**

Visit the virtual exhibit hall to connect with exhibitors live and to support our exhibitors and GAPNA!

**12:40 pm – 1:40 pm**

**302 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)**

**Palliative Care End-of-Life Symptom Management**

*Mary Dunne, MD*

Uncontrolled symptoms lead to preventable suffering and crises for patients and loved ones. This session will discuss how to improve quality of life and patient satisfaction through safe and appropriate pain management.

**1:50 pm – 2:50 pm**

**303 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)**

**Psychotropic Medications and Management of Disruptive Behavior: Depression, Dementia, and Delirium**

*Jose Rey, PharmD, BCPP*

This session will explore the use and management of psychotropic medications commonly administered to older adults to manage behavior and psychiatric symptoms. Focus will include the importance of accurate prescribing practices and need to be aware of adverse risks and side effects.

**3:00 pm – 4:00 pm**

**304 General Session (1.0 CH which includes 1.0 hour of pharmacology credit)**

**Acute Pain Management and Opioid Prescribing Regulations**

*Barbara St. Marie, PhD, AGPCNP, FAANP, FAAN*

This presentation is designed to educate gerontology nurse practitioners on safe and effective pain management using opioids. During this presentation we will also explore risk and vulnerabilities of older adults.

**4:00 pm – 5:00 pm**

**Industry-Supported Presentation Theater**

*Presentation theater will be provided if industry support is received.*

# ON-DEMAND SESSIONS

## On-Demand Sessions (4.0 CH)

### On-Demand Session #1 (1.0 CH which includes 1.0 hour of pharmacology credit)

#### Chronic Pain Management

Joanna Sutherland, NP

This session will review chronic pain conditions and how to evaluate and treat them. An update on pharmacologic and non-pharmacologic treatments for chronic pain also will be provided.

### On-Demand Session #2 (1.0 CH which includes 1.0 hour of pharmacology credit)

#### CBD and THC Use and Indications in the Gerontological Population

Heather Jackson, PhD, APRN, FNP-BC, NEA-BC

This session will discuss THC (tetrahydrocannabinol) and CBD (cannabidiol) products, summarize the evidence surrounding THC and CBD uses in the gerontological population, and apply appropriate treatment plans incorporating THC and CBD products.

### On-Demand Session #3 (1.0 CH which includes 1.0 hour of pharmacology credit)

#### GI Medications

Allison Steele York, MSN, ANP

This session will address medications used to treat gastrointestinal conditions and what you can do before you place a GI consult. Addressed will be laxatives, PPIs and H2RAs

### On-Demand Session #4 (1.0 CH which includes 1.0 hour of pharmacology credit)

#### Current Cardiac Medications

Zac Clevenger, NP-C, AGACNP-BC

This session will provide an overview of new medicines available for cardiac conditions. Focus will include pharmacological treatment in adult and geriatric populations with cardiac disease such as heart failure, atrial fibrillation, and coronary disease.

## GENERAL INFORMATION

### Industry-Supported Presentation Theater

An industry-supported presentation theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

We provide ISPT supporters with contact information of attendees who participate in non-CNE programs so supporting companies can be compliant.

### Payment Policy

**REGISTER EARLY!** Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

### Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, we will refund your registration fee, less a \$75 administration fee. **Cancellations must be received at the National Office by February 10, 2021.** Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. In whatever manner the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

### Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Annual Conference app are the property of GAPNA and may be used in promotional materials

### GAPNA 2021 Virtual Pharmacology Conference Planning Committee

Deborah Dunn, EdD, MSN, GNP-BC, ACNS-BC, GS-C, *Chair*  
Valerie K. Sabol, PhD, ACNP-BC, GNP-BC, ANEF, FAANP, FAAN

Sherry Greenberg, PhD, RN, GNP-BC, FGSA, FAANP

Natalie Baker, DNP, GNP-BC, ANP-BC, FAANP, GS-C

Jennifer Kim, DNP, GNP-BC, FNAP, FAANP, GS-C

Sharon Bronner, ACHPN, DNP, GNP-BC

Stacey Chapman, ANP-BC

Rosemarie Marmion, MSN RN NPD-BC NE-BC, Education Director

# GENERAL INFORMATION

## GAPNA Online Library and Sessions Handouts

The GAPNA Online Library gives you even more value with your conference registration.

Full conference attendees receive free access to all virtual and pre-recorded conference sessions in the GAPNA Online Library. Content will be available approximately 3 weeks after the conference. Be sure to take advantage of this additional learning experience at your convenience.

Session handouts will be available to view and print approximately 2 weeks prior to the conference.

Evaluate sessions online, either onsite or at home, to earn your contact hours.

Access and print your CNE certificates in the GAPNA Online Library any time.

## Can't Attend the Virtual Conference?

We'll miss you, but you won't have to miss the education! Virtual and pre-recorded sessions outlined in this brochure will be available for purchase in the GAPNA Online Library approximately 6 weeks after the conference. Individual sessions and full conference package will be available.

## Continuing Nursing Education

Earn up to 15.25 continuing nursing education (CNE) contact hours (includes on-demand conference sessions) for professional development, recertification, and relicensure.

## On-Demand Conference Sessions

On-demand conference sessions will be available for up to 4.0 hours of contact hour credit via the GAPNA Online Library. These sessions are automatically included with **full** main conference registration and feature pre-recorded conference content to enhance conference offerings.

All education sessions contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the learning outcome and content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

GAPNA urges participants to be aware of the CNE requirements for relicensure in the states in which they hold a license.

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## Support the GAPNA Foundation!

Join us for our first virtual **Fun Run/Walk** during the **Pharmacology Conference 2021** to support the *Gerontological Advanced Practice Nurses Association Foundation (GAPNAF)*.

The Foundation exists to promote leadership and scholarship in advanced practice, education, and research to enhance health care for older adults. Please support the Foundation's efforts to support quality health-care for older adults especially as the COVID-19 pandemic continues to challenge our systems of care.

Sign up to participate during the registration process and participate at any time during the conference.

1. Register for the event
2. Walk or run 1 mile or more at any time during the conference
3. Share your results using hashtag #GAPNAFoundation and post a photo on the Virtual Conference social wall (and Facebook and Twitter) to show your support for the GAPNA Foundation

# REGISTRATION FORM

## GAPNA

### Contemporary Pharmacology and Prescribing in Older Adults

#### March 4-6 2021

Print Name:	Credentials:
Organization/Employer Name:	
Mailing Address - Street: <input type="checkbox"/> Home <input type="checkbox"/> Work	
City / State / Zip:	
Nursing License #:	
Daytime Phone: <input type="checkbox"/> Personal <input type="checkbox"/> Business	
E-mail (required) <input type="checkbox"/> Personal <input type="checkbox"/> Business	
<input type="checkbox"/> Yes <input type="checkbox"/> No, I do not wish to have my email address shared with any GAPNA exhibit or networking vendors	

### 3 Ways To Register

- ▶ 1 Register Online at [www.gapna.org](http://www.gapna.org)
- ▶ 2 By fax: 856-218-0557
- ▶ 3 Mail completed form with payment to:  
**GAPNA Registration**  
East Holly Avenue/Box 56  
Pitman, NJ 08071-0056

**Registration cannot be processed without payment.**  
**Purchase Orders cannot be accepted.**

All cancellations and transfers must be received in writing. For cancellations postmarked on/by to February 10, 2021, we will refund registration cost, less a \$75 administrative fee. We are unable to make refunds after March 10, 2021, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address.

You will receive your receipt/confirmation information via the email address used to register for this meeting.

To join GAPNA today and pay member fees for this registration, please complete the membership section on this page. Membership must be valid through March 31, 2021, to qualify for member rates. Current members may renew their GAPNA membership with their conference registration. Membership will commence upon current expiration.

<b>Non-members may register at the Member rate by including membership fee with registration fees.</b>	
<b>Main Conference Registration Fees</b>	
Early Bird Member — Postmarked on or before 2/01/21	<input type="checkbox"/> \$149
Regular Member — Postmarked on or after 2/02/21	<input type="checkbox"/> \$199
Nonmember	<input type="checkbox"/> \$329
Membership Fees: <input type="checkbox"/> New <input type="checkbox"/> Renewal	
<input type="checkbox"/> Regular (advanced practice nurses) <input type="checkbox"/> Associate (other)	<input type="checkbox"/> \$100
<input type="checkbox"/> Student - \$60 <input type="checkbox"/> Retired - \$75 (enter dollar amount)	<input type="checkbox"/> \$ _____
<b>GAPNA Foundation Event</b>	
Virtual Fun Run/Walk	<input type="checkbox"/> \$25
Foundation Donation <input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100	<input type="checkbox"/> \$ _____
—————→ TOTAL ENCLOSED	\$ _____

Please contact us via [GAPNA@ajj.com](mailto:GAPNA@ajj.com) to advise of any dietary or disability needs.

**PAYMENT OPTIONS**

Check enclosed made payable  
in U.S. funds to GAPNA

Charge my:

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security # \* \_\_\_\_\_

\* Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits on front right of American Express.

Billing address \_\_\_\_\_

Signature \_\_\_\_\_ Name on Card (please print) \_\_\_\_\_