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What happens in ろ Vegas at this conference... goes home with you!

Register online at www.gapna.org/annual-conference

Here's what's in store

- New this year! A special track focused exclusively on acute care gerontological nursing.
- Inspiring speakers to help you prepare for the future of gerontological nursing practice with the latest information and advances.
- Earn up to 21 contact hours (including pre-conference workshops) on the topics you need most for your practice, with pharmacology credit available for select sessions and additional workshops.
- Professional networking. Connect with colleagues with similar and varied clinical interests. Make new friends, reunite with associates.
- Free access to the GAPNA Online Library. Take your learning home to access when it is convenient for you!
- Viva Las Vegas! Prepare to be enthralled and excited in the Entertainment Capital of the World.

I left the conference with an overall pride and profound respect for my profession and specialty. It's inspiring to hear from nursing leaders in my field who are continually working hard on research and policy to improve the lives of the geriatric population.

Joanna S., Alpharetta, GA



Alan P. Agins, PhD

President PRN Associates, Ltd. Tucson, AZ

Jody F. Agins, MSN, FNP-BC, GNP-BC Founder, Executive Director, and Nurse Practitioner

Collaborative Medical Provider Group **Clinical Services Director** Agape Hospital and Palliative Care Tucson, AZ

Tamatha Arms, DNP, PMHNP-BC, NP-C

Associate Professor University of North Carolina Wilmington Wilmington, NC

Natalie R. Baker, DNP, GNP-BC, ANP-BC, GS-C, FAANP

Associate Professor, School of Nursing University of Alabama at Birmingham Birmingham, AL

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC, FGSA, FAAN

Associate Professor George Washington University School of Nursing Washington, DC

Elizabeth Bell, MSN, RN, FNP-C

Duke University Department of Medicine Durham, NC

Michelle Benedict, MS, ANP-C, RN-C

National Director of Clinical Education Post-TeamHealth Knoxville, TN

Nicole Brandt, PharmD, MBA, BCPP. BCGP, FASCP

Professor and Executive Director, Lamy Center, School of Pharmacy University of Maryland Baltimore, MD

Sharon Bronner, DNP, MSN, GNP-BC,

Geriatric Nurse Practitioner Optum Care New York, NY

Tracey Chan, PhD(c), ANP-BC

Assistant Professor and NP Program Director Madonna University Livonia, MI

Carolyn Clevenger, DNP, RN, AGPCNP-BC, GNP-BC, FAANP

Assistant Dean for MSN Education Clinical Associate Professor Nell Hodgson Woodruff School of Nursing **Emory University** Atlanta, GA

JoAnn Coleman, DNP, ACNP-BC, AOCN,

Clinical Program Coordinator, Sinai Center for Geriatric Surgery Sinai Hospital Baltimore, MD

Nikki Davis, DNP(c), MSN, FNP-C, GNP-BC, ACHPN

Regional Vice President, Southeast Clinical Operations Aspire Health, Inc., an Anthem company

Mary DiGiulio, DNP, APN, FAANP

Assistant Professor, School of Nursing Rutgers, the State University of New Jersey Newark, NJ

Deborah Dunn, EdD, MSN, GNP-BC, ACNS-BC, GS-C

Dean, Graduate School and Center for Research Madonna University Livonia, MI

Leslie Chang Evertson, DNP, RN, GNP-BC

Geriatric Nurse Practitioner University of California, Los Angeles Los Angeles, CA

Valerie J. Flattes, PhD(c), MS, APRN, ANP-BC

Assistant Professor, College of Nursing University of Utah Salt Lake City, UT

Elizabeth Galik, PhD, CRNP, FAAN, FAANP

Professor, School of Nursing University of Maryland Baltimore, MD

Sarah Gast, DNP, AGACNP-BC, FNP-BC

Assistant Professor of Nursing Vanderbilt University Nashville, TN

Ami Goodnough, DNP, NP-C, ACHPN

Clinical Director, Alabama and Florida Aspire Health, Inc. Nashville, TN

Sherry A. Greenberg, PhD, RN, GNP-BC,

Courtesy-Appointed Associate Professor Rory Meyers College of Nursing New York University New York, NY

Gerti Heider, PhD, MSN, GNP-BC, ANP

Associate Professor, Advanced Practice Division

Rutgers, the State University of New Jersey Newark, NJ

Heather Hodge, MEd

Director, Education and Training Home Centered Care Insitute Schaumburg, IL

Haley Hoy, PhD, ACNP

Associate Professor, College of Nursing University of Alabama at Huntsville Huntsville, AL Nurse Practitioner Vanderbilt Transplant Center Nashville, TN

Shannon Idzik, DNP, CRNP, FAANP, FAAN

Associate Dean for the DNP Program and Associate Professor, OSAH University of Maryland School of Nursing Baltimore, MD

Rita Jablonski, PhD, CRNP, FGSA, FAAN

Professor, School of Nursing The University of Alabama at Birmingham Birmingham, AL

Katherine F. Jeter, EdD

Motivational Speaker Columbus, NC

Linda Keilman, DNP, GNP-BC, FAANP

Associate Professor and Director of the **AGPCNP Program** Michigan State University, College of

Nursing

East Lansing, MI

Laurie Kennedy-Malone, PhD, GNP-BC, FAANP, FGŚA

Professor of Nursing University of North Carolina at Greensboro Greensboro, NC

Elizabeth M. Long, DNP, GNP-BC, CNS

Assistant Professor Lamar University Beaumont, TX

Theresa Mallick-Searle, MS, ANP-BC

Adult Nurse Practitioner, Division of Pain Medicine Stanford Health Care Stanford, CA

Liza Marmo, MSN, RN-BC, ANP-C, AGPCNP-C

Nurse Practitioner **ID Care** Hillsborough, NJ

Sara McCumber, DNP, APRN, AGPCNP, CNP, CNS

Associate Professor The College of St. Scholastica Nurse Practitioner Essentia Neurology Duluth, MN

Deborah Milito, PharmD, BCGP, FASCP

Director of Clinical and Consultant Services, LTC Services Chief Antimicrobial Stewardship Officer Diamond Pharmacy Services Indiana, PA

J. Michelle Moccia, DNP, ANP-BC, CCRN,

Program Director, Senior ER St. Mary Mercy Hospital Livonia, MI

Ronald Nahass, MD, MHCM, FACP, FIDSA

President and Practicing Physician **ID Care**

Hillsborough, NJ

Ron Ordona, DNP, FNP-BC

Medical House Call Provider Senior Care Clinic House Calls Lincoln, CA

George Byron Peraza-Smith, DNP, AGPCNP-C, GS-C, CNE, FAANP

Associate Dean for Academic Affairs United States University, College of Nursing San Diego, CA

Barbara Resnick, PhD, RN, CRNP, FAAN, **FAANP**

Professor, School of Nusing University of Maryland Baltimore, MD

Deborah Sampson, MS, BA

Marriage and Family Therapist Las Vegas, NV

Jennifer Serafin, MS, BSN, RN, GNP-C, GS-C

Geriatric Nurse Practitioner Kaiser Permanente San Francisco, CA

Benjamin Smallheer, PhD, RN, ACNP-BC, FNP-BC, CCRN, CNE

Assistant Professor and Lead Faculty, Adult-Gerontology Acute Care NP Program **Duke University School of Nursing**

Elizabeth Sobczyk, MSW, MPH

Durham, NC

Director, Strategic Alliances The Gerontological Society of America Washington, DC

Julie Stanik-Hutt, PhD, ACNP/GNP-BC, CCNS, FAAN

Professor and Director, AG-ACNP Program University of Iowa Iowa City, IA

Barbara Sutton, MSN, APN, ACHPN

Palliative Care Nurse Practitioner Housecall Providers Portland, OR

Michele Talley, PhD, ACNP

Assistant Dean for Graduate Clinical Education University of Alabama at Birmingham Birmingham, AL

Christine Tocchi, PhD, APRN, GNP

Assistant Professor **Duke University** Durham, NC

Nelum Walker, APN, FNP-C

Family Nurse Practitioner Aspire Healthcare, Inc. Atlanta, GA

Deborah Wolff-Baker, MSN, ACHPN, FNP.

Family Nurse Practitioner Northern California Medical Associates Santa Rosa, CA

Tracey Yap, PhD, RN, WCC, CNE, FGSA, FAAN

Associate Professor **Duke University School of Nursing** Durham, NC

Michael Zychowicz, DNP

Professor and Director of the MSN Program **Duke University School of Nursing** Durham, NC

% Conference Program **%**

TUESDAY, October 1, 2019

4:00 p.m. – 7:00 p.m. Registration Open

7:00 p.m. – 9:00 p.m. Leadership Update (Invitation Only)

GAPNA leaders are invited to meet and network, celebrate GAPNA successes, discuss future plans and collaborations, and address future needs of advanced practice gerontological nursing as a whole.

WEDNESDAY, October 2, 2019

7:00 a.m. – 7:00 p.m. Registration Open

8:00 a.m. – 11:15 a.m. Pre-Conference Workshop

No contact hours awarded.

010 ICAMP: Immunization Champions, Advocates, and Mentors Program

Facilitator: Elizabeth Sobczyk, MSW, MPH

Presenter: Barbara Resnick, PhD, RN, CRNP, FAAN, FAANP

This session will discuss the Immunization Champions, Advocates & Mentors Program (ICAMP) Academy developed by the Gerontological Society of America to equip healthcare providers to champion adult immunization practices that improve public health and the quality of care for the people they serve.

The format of the program includes didactic education on the National Vaccine Advisory Committee Standards for Adult Immunization Practice and change management techniques, group exercises to identify and solve implementation challenges, and creation of an action plan with each attendee. Participants also receive a toolkit of resources to help them implement their action plans. They are asked to complete a survey with information on immunization rates and process improvements three times over the course of a year.

Sponsored by The Gerontological Society of America

8:00 a.m. – 4:00 p.m. Pre-Conference Workshop 6.5 contact hours

020 Dementia Care Specialist Clinical Skills Training (Based on the UCLA Alzheimer's and Dementia Care Program)

Sherry A. Greenberg, PhD, RN, GNP-BC, FGSA; Jennifer Serafin, MS, BSN, RN, GNP-C, GS-C; J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C; Carolyn Clevenger, DNP, RN, AGPCNP-BC, GNP-BC, FAANP; Leslie Chang Evertson, DNP, RN, GNP-BC

This session will focus on training advanced practice nurses as dementia care specialists (DCS), based on the UCLA Alzheimer's and Dementia Care Program model. Methods will include role-playing scenarios using evidence-based tools required to perform a comprehensive cognitive assessment. These validated tools will help support a clinical understanding of person-centered care, including caregiver needs to formulate a comprehensive dementia care plan.

Note: Prior to participating in this workshop, it is highly recommended the learner complete the DCS course available in the GAPNA Online Library. Pre-conference workshop attendees will receive free access to the course. Information about access will be provided following registration.

This workshop is organized by GAPNA based on work conducted by the UCLA Alzheimer's and Dementia Care Program and sponsored by The John A. Hartford Foundation.

Sponsored by UCLA and The John A. Hartford Foundation

12:00 p.m. – 5:00 p.m.

Pre-Conference Workshop

4.75 contact hours

030 House Calls: APNs Navigating Challenges and Implementing Solutions

Deborah Wolff-Baker, MSN, ACHPN, FNP, GS-C; Barbara Sutton, MSN, APN, ACHPN; Heather Hodge, MEd; Ron Ordona. DNP, FNP-BC

This pre-conference practice management workshop is designed to explore the challenges faced and opportunities presented when caring for complex patients in the home. The aim of the session is to expose learners to the successes and failures in NP-driven practices. Time efficiencies, documentation, and coding for house calls, valuing your practice, payor/ACO partnerships, and community resources also will be addressed.

Sponsored by Home Centered Care Institute (HCCI)

12:00 p.m. – 5:00 p.m. Pre-Conference Workshop 4.5 contact hours

040 Pharmacology: Part 1 – Diabetes and Part 2 – Antimicrobials

R Elizabeth Bell, MSN, RN, FNP-C; Nicole Brandt, PharmD, MBA, BCPP, BCGP, FASCP; Deborah Milito, PharmD, BCGP, FASCP

Part 1 of this workshop will discuss recommendations for pharmacologic management of diabetes in the older adult population. Part 2 of this workshop will discuss how a major benefit of antibiotic stewardship programs is to reduce potential harm to nursing home residents and how a successful antibiotic stewardship program should optimize antibiotic use. Using case-based learning and audience participation, knowledge and skills needed to identify, document, and manage antimicrobials will be enhanced through completion of this section of the workshop.

12:58 p.m. GAPNA Foundation Golf Outing (Off-Site)

Enjoy a friendly round of golf while supporting the GAPNA Foundation. See page 10 for details.



Session Key

Look for this code to find sessions and activities offering extra education support to GAPNA Conference attendees.

AC = Acute Care track

R = Pharmacology hours offered

WEDNESDAY, October 2, 2019 (continued)

5:15 p.m. – 6:30 p.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and light refreshments will be provided if industry support is received.

6:45 p.m. – 9:00 p.m.

Evening Session

2.25 contact hours

050 Pain Management and Opioids: Balancing Risks and Benefits: Update 2019

R Alan P. Agins, PhD; Jody F. Agins, MSN, FNP-BC, GNP-BC

Sponsored by the Nurse Practitioner Healthcare Foundation, this thoroughly revised and updated curriculum addresses: nature and pathophysiology of pain, assessing patients in pain, creating a pain treatment plan, initiating opioid therapy, managing patients on opioid analgesics, educating patients and caregivers, and understanding opioid use disorder. This program meets most states' requirements for opioid education and is fully compliant with the Opioid Analgesic Risk Evaluation and Mitigation Strategy (REMS) education requirement issued by the FDA in September 2018.

The curriculum was developed by the Collaborative for REMS Education (CO*RE) http://core-rems.org and supported by an independent educational grant from the Opioid Analgesic REMS Program Companies (RPC).

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

2.25 contact hours and pharmacology credit will be awarded onsite upon completion of the program Assessment and Evaluation at the end of the session.

The Nurse Practitioner Healthcare Foundation is a non-profit organization with the mission of improving health status and quality of care through NP innovations in clinical care, research, education, health policy, and philanthropy. Our projects include developing continuing education programs, supporting NP leadership development as well as scholarship and award programs, and focusing on health disparities and improving healthcare access through community engagement. We are always interested in connecting with NP volunteers to help us with peer review, development of white papers, award application reviews and CE content development.

Contact: Pam Jenkins, MS, NP, NPHF Program Director: pamjw@nphealthcarefoundation.org.

Website: nphealthcarefoundation.org

THURSDAY, October 3, 2019

6:30 a.m. - 5:00 p.m.

Registration Open

7:00 a.m. - 8:00 a.m.

110 New Member Breakfast

New GAPNA members and first-time conference attendees are invited to join us for breakfast to meet new colleagues, learn about GAPNA, and discover how to get the most from your conference experience. Please confirm your attendance by marking the appropriate line on the registration form.

7:00 a.m. - 8:00 a.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and breakfast will be provided if industry support is received.

8:00 a.m. - 8:15 a.m.

Welcome & Introduction

8:15 a.m. – 9:15 a.m.

Keynote Address

1.0 contact hour

120 EXERCISE: The Elixir for Old Age

Katherine F. Jeter, EdD

Prepare to be astounded and entertained as this 80-year-old speaker, a latecomer to athletics, describes a decade of fun and outrageous adventures that encourage her audiences to "pick up your pace."

9:15 a.m. - 10:45 a.m.

Grand Opening Exhibit Hall/ Poster Viewing/Coffee Break

10:45 a.m. - 12:15 p.m.

General Session

1.5 contact hours

130 The Not-So-Common Causes for Back Pain: Red Flags and Non-Ortho Causes of Back Pain

Michael Zychowicz, DNP

Although the majority of back pain is benign and temporary, the astute clinician needs to be alert for those conditions that are not benign. This session will help clinicians develop an appreciation for red flag and non-spinal causes of back pain.

12:30 p.m. – 1:30 p.m.

Industry-Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by Janssen Pharmaceuticals of J&J

1:40 p.m. – 2:40 p.m.

Concurrent Sessions

1.0 contact hour

141 Best Practices to Prevent Geriatric Decline During Hospitalization

AC Julie Stanik-Hutt, PhD, ACNP/GNP-BC, CCNS, FAAN

Hospitalization is hazardous to anyone's health but can be downright dangerous for older adults. More than 36% of those admitted experience at least one iatrogenic event. Geriatric syndromes triggered by hospital care processes can produce devastating functional decline. This session will discuss strategies to protect older adults during hospitalization.

142 Professional Brand: Using the Nuts and Bolts of Social Media

Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC, FGSA, FAAN; Sharon Bronner, DNP, MSN, GNP-BC, ACHPN; Christine Tocchi, PhD, APRN, GNP; Valerie J. Flattes, PhD(c), MS, APRN, ANP-BC; J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C

In this session, participants will learn the art of using Twitter, the most frequently used social media outlet for professional networking and conferences. Participants completing this session will be able to describe the nuts and bolts of using Twitter to enhance their professional brand, engage with followers, construct basic tweets using #hashtags and @handles, and showcase or accelerate their professional engagement to the next level.

143 Sleep Disturbances in Dementia

Elizabeth Galik, PhD, CRNP, FAAN, FAANP

This session will describe sleep disturbances among individuals with dementia and review techniques to assess for sleep disturbances. Additionally, advantages and disadvantages of non-pharmacological and pharmacological management strategies will be discussed.

THURSDAY, October 3, 2019 (continued)

2:50 p.m. – 3:50 p.m.

Concurrent Sessions

1.0 contact hour

151 Difficult to Manage Pulmonary Conditions in the Acute Care Setting: ARDS, Interstitial Pulmonary Fibrosis, and COPD

AC,R Benjamin Smallheer, PhD, RN, ACNP-BC, FNP-BC, CCRN, CNE

This session will review the pathophysiology, current evidence-based guidelines, and management recommendations for exacerbations of ARDS, pulmonary fibrosis, and COPD. Subject matter will include pathophysiology and physiologic changes that occur within the lungs for each of these conditions, a review of the current evidence-based guidelines for acute management of each of these conditions, and both pharmacologic and non-pharmacologic management of these three conditions.

152 Management of Obesity in Older Adults in Primary Care

R Shannon Idzik, DNP, CRNP, FAANP, FAAN

This session will provide the NP with best practices on obesity management. General care guidelines will be reviewed including diagnostic criteria, strategies to reduce obesogenic medications, initiation of anti-obesity pharmacotherapy, and referral guidelines for obesity specialist and surgery. Case-based learning techniques will help learners apply knowledge to real-life examples.

153 Understanding the Nuances of Hospice Care for the Geriatric Patient

Ami Goodnough, DNP, NP-C, ACHPN

This session will use didactic and case studies to educate geriatric nurse practitioners about when to refer to palliative care and when to refer to hospice by defining and differentiating between the two. Case studies will demonstrate patient presentations at the time of hospice eligibility across disease states and care settings. Common myths about hospice/palliative care will be dispelled and pearls for practice shared.

4:00 p.m. – 5:00 p.m.

Concurrent Sessions

1.0 contact hour

161 Acute Abdomen

AC Sarah Gast, DNP, AGACNP-BC, FNP-BC

This session will provide an overview of the presentation, assessment, diagnosis, and management of the acute abdomen in the gerontologic population. NPs will develop an even deeper appreciation for the function of the abdominal organs and what happens when that function goes awry.

162 The Impact of Menopause and Senior Sexual Health in Women Living with HIV

Mary DiGiulio, DNP, APN, FAANP; Gerti Heider, PhD, MSN, GNP-BC, ANP

The lack of necessary services for women living with HIV provides an important practice area for nurse practitioners. It is important that NPs discuss sexual behaviors with their aging patients, counsel them on strategies to prevent HIV and other STIs, and explain menopausal changes.

163 Diabetes Management: The Art of Treating the Older Adult

Michele Talley, PhD, ACNP-BC

This session will explain the science of diabetes in the older adult and weave in the art of treatment. A description of the domains in need of assessment prior to establishing a treatment plan for the older adult with diabetes will be provided.

5:00 p.m. - 6:30 p.m.

Exhibits Open/Poster

Reception

6:30 p.m. - 8:00 p.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and light refreshments will be provided if industry support is received.

FRIDAY, October 4, 2019

6:00 a.m. – 7:00 a.m. Foundation Fun Run/Walk

Start the day with an energizing morning run or walk. See page 10 for details.

6:30 a.m. – 5:00 p.m.

Registration Open

7:00 a.m. – 8:00 a.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and light refreshments will be provided if industry support is received.

8:15 a.m. – 9:15 a.m.

General Session

1.0 contact hour

210 Rx4 Policy: Policy, Process, Politics, and the Press Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC, FGSA, FAAN

In this session, participants will receive an update on federal policy activities and opportunities related to older adults, family caregivers, and building the geriatric workforce. Additionally, an update on GAPNA's policy perspectives will be provided and participants will learn about helpful tools and resources that foster policy skill development.

9:15 a.m. - 10:45 a.m.

Exhibits Open/

Poster Viewing/Coffee Break

10:45 a.m. – 11:45 a.m.

General Session

1.0 contact hour

220 Grand Families

Deborah Sampson, MS, BA

You work your entire life, retire, and look forward to the next chapter when suddenly the grandchildren are moving in due to the addiction, incarceration, or lack of parenting skills of your child. What is the effect on the grandparents' everyday life? What changes surface? What, if anything, can be done?

Session Key

Look for this code to find sessions and activities offering extra education support to GAPNA Conference attendees.

AC = Acute Care track

R = Pharmacology hours offered

FRIDAY, October 4, 2019 (continued)

12:00 p.m. - 1:00 p.m.

Industry-Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by Smith & Nephew

12:00 p.m. – 1:00 p.m.

Industry Supported Presentation Theater

Seating is limited. Lunch will be provided. Attendees will be admitted on a first-come basis.

Supported by Sunovion Pharmaceuticals

1:15 p.m. – 2:15 p.m.

Concurrent Sessions

1.0 contact hour

231 Geriatric Surgery Verification Program: Role of the Gerontological Advanced Practice Nurse

AC JoAnn Coleman, DNP, ACNP-BC, AOCN, GCN

Successful surgical outcomes for older patients require meticulous planning, pre- and post-operatively. The ACS Geriatric Surgery Verification Program established a quality program with standards based on best practices to improve the care of older adults. APRNs must be cognizant of this program to help institutions meet these standards.

232 Palliative Care Guidelines Update

Nikki Davis, DNP(c), MSN, FNP-C, GNP-BC, ACHPN

Palliative care improves quality of life for seriously ill patients when integrated early into their care plan. Clinicians are encouraged to acquire a core knowledge base for palliative care and to refer to palliative care specialists when needed. Recognizing the different levels of care settings in which palliative care can be provided, along with the quality measures for palliative care, is integral to advancing the delivery of palliative care.

233 "Is It or Isn't It?": Urinary Tract Infections Over the Age of 65

R Liza Marmo, MSN, RN-BC, ANP-C, AGPCNP-C; Ronald Nahass, MD, MHCM, FACP, FIDSA

Urinary tract infections are the second most common site of infection affecting the elderly in both primary and secondary settings. Studies have shown 30%-50% of antibiotics prescribed are unnecessary or inappropriate. It is important providers make the correct diagnosis and select the correct antibiotic for the correct duration.

2:15 p.m. – 3:15 p.m.

Exhibits Open/Poster Viewing/Refreshment Break

3:15 p.m. – 4:15 p.m.

Concurrent Sessions

1.0 contact hour

241 Transplantation and the Geriatric Patient: Implications for the Advanced Practice Nurse

AC, R Haley Hoy, PhD, ACNP

This session will review the evidence related to care of solid organ transplant recipients over the age of 65, as well as offer practical advice for advanced practice providers who care for transplant patients in their practice. Underlying disease progression, indicators of rejection, important drug interactions, and chronic disease management specific to the geriatric transplant population will be discussed.

242 Oral Care

Rita Jablonski, PhD, CRNP, FGSA, FAAN

People with dementia often refuse mouth care, which increases their risk for pneumonia and other infections. Learn how to recognize low levels of care-refusal behavior and specific strategies to manage this behavior

243 Cultural Factors Influencing Advance Care Planning and End-of-Life Discussions

Nelum Walker, APN, FNP-C; Jennifer Serafin, MS, BSN, RN, GNP-BC, GS-C

This session will focus on helping APRNs understand the impact of a culturally competent approach at the end of their patients' lives. Understanding the important concepts of cultural differences allows APRNs to keep communication open with patients and families, allowing key information to transpire, which will make the end-of-life journey for the patient as comfortable as possible.

4:15 p.m. – 5:15 p.m. Committee/Special Interest Group (SIG) Meetings

Members of designated committees and special interest groups (SIGs) are invited to meet during this time to discuss issues related to their interest area. If you are interested in joining a committee or SIG, you are encouraged to attend.

5:15 p.m. - 6:30 p.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and light refreshments will be provided if industry support is received.

7:30 p.m. Donny & Marie Las Vegas Show

Witness America's most celebrated brother and sister duo light up the Las Vegas stage, and support the GAPNA Foundation. See page 10 for details.

SATURDAY, October 5, 2019

6:30 a.m. – 4:00 p.m. Registration Open

7:00 a.m. – 8:00 a.m.

Industry-Supported Presentation Theater

Seating is limited. Presentation theater and breakfast will be provided if industry support is received.

8:00 a.m. – 12:00 p.m.

Gerontological Specialist Certification Exam

Pre-registration is required. The certification application specifically for this paper and pencil exam is available at gerocert.org or for more details call C-NET at 800-463-0786. All applications must be postmarked by August 24, 2019. Testing begins promptly at 8:00 a.m.

GAPNA 2019 Planning Committee

Linda Beuscher, PhD, GNP-BC, FNAP, Planning Chair Elizabeth Galik, PhD, CRNP, FAAN, FAANP Marianne Shaughnessy, PhD, AGPCNP-BC, GS-C Melissa Batchelor-Murphy, PhD, RN-BC, FNP-BC, FAAN Gail Prothe, DNP, APRN, FNP/GNP-BC Michele Talley, PhD, ACNP-BC Natalie Baker, DNP, GNP-BC, ANP-BC, GS-C, FAANP, Board Liaison

> Rosemarie Marmion, MSN, RN-BC, NE-BC, Education Director

SATURDAY, October 5, 2019 (continued)

8:15 a.m. - 9:15 a.m.

General Session

1.0 contact hour

310 Culturally Informed Mental Health Care of Marginalized Older Adults

Tamatha Arms, DNP, PMHNP-BC, NP-C; Linda Keilman, DNP, GNP-BC, FAANP; George Byron Peraza-Smith, DNP, AGPCNP-C, GS-C, CNE, FAANP

In this session, the team will explore and explain marginalization within the older adult population. Tools and care strategies the APRN can use in clinical practice will be presented and discussed.

9:30 a.m. – 11:30 a.m.

In-Depth Focus Sessions

2.0 contact hours

321 Research/Clinical Project Podium Presentations

R Several research and clinical projects will be presented that outline the creative work advanced practice nurses are doing to advance the care of older adults.

322 Update on SNF/LTC Regulations, Billing, Coding, and Documentation

Michelle Benedict, MS, ANP-C, RN-C

Practicing in the post-acute environment requires vigilant awareness of policy and regulatory changes. The goal of this session is to give general overviews of mega rule, MACRA, and their clinician responsibilities. Updates on new billing codes for the SNF/LTC population and reviews of general billing, coding, and documentation principles will be provided.

323 Embracing Technology and Teaching Innovations in Advanced Practice Gerontological Nursing Education

Laurie Kennedy-Malone, PhD, GNP-BC, FAANP, FGSA; Natalie R. Baker, DNP, GNP-BC, ANP-BC, GS-C, FAANP; Tracey Chan, PhD(c), ANP-BC; Elizabeth M. Long, DNP, GNP-BC, CNS; Sara McCumber, DNP, APRN, AGPCNP, CNP, CNS

Experienced advanced practice nurse educators will identify innovative teaching strategies that are designed to engage students in the classroom, online, and clinical setting. Examples of pedagogical approaches to adopting technologies such as augmented reality, virtual simulation, gaming, digital clinical simulation, distance interprofessional simulation, interactive video software, and creative use of apps will be shared. Participants will be encouraged to identify technologies that could be used in their advanced practice nursing curriculum.

330 11:45 a.m. – 1:30 p.m. Membership Meeting/ Awards Luncheon

Join your colleagues during this special luncheon as awards are presented to the 2019 GAPNA Excellence, Foundation, and Research Award recipients. The incoming Board of Directors also will be introduced. Please confirm your attendance by marking the appropriate line on the registration form.

1:45 p.m. - 2:45 p.m.

Concurrent Sessions

1.0 contact hour

341 Geriatric Trauma Management Across the Care Continuum: "Help Me, I've Fallen"

AC Deborah Dunn, EdD, MSN, GNP-BC, ACNS-BC, GS-C; J. Michelle Moccia, DNP, ANP-BC, CCRN, GS-C

A geriatric trauma model of care that takes into account the unique physiological, physical, social, and functional differences between the old and young is essential to effective management of traumatic injuries, fall prevention, and safe transitions of care.

342 Safety and Utility of Cannabis in the Elderly

R Theresa Mallick-Searle, MS, ANP-BC

Older adults are the fastest growing users of medical marijuana in the United States. Medical marijuana is an important area of study for older adults because of the side effects of other medications. This session will review the evidence regarding indications for and risks of medical marijuana use in older adults.

3:00 p.m. – 4:00 p.m.

General Session

1.0 contact hour

350 Pressure Ulcer and Injury Prevention

Tracey Yap, PhD, RN, WCC, CNE, FGSA, FAAN

Each year 2.5 million people develop a pressure ulcer/injury with more than 50% of these among persons over 65 years and at a cost of over \$11 billion/year. Minimizing the intensity and duration of pressure exposure is foundational for pressure ulcer/injury prevention with every 2-hour repositioning being the current gold standard for prevention care. The science underpinning repositioning care and future directions will be explored.

GAPNA Research/Project Consults Available

Finishing up your doctorate? Working on an evidencebased project? Having difficulty submitting your research proposal? Not sure how to go about your first research project? Need to speak about your project with someone with experience in research?

GAPNA recognizes your needs and wants to help. The Research Committee will provide free consultations and one-on-one guidance. Please send an email to **GAPNA@ajj.com** and provide your name, email contact, and a brief description of the research/project issue you would like to discuss. You will be contacted to set up a time to meet at the Annual Conference with a committee member who has experience in your research area. The meeting will be scheduled during Exhibit Hall or lunch on your own time.

GAPNA Research Committee members will have a booth in the Exhibit Hall where your consultation can take place. We're reaching out to you; tell us how we can help you with your research/clinical project.



Continuing Nursing Education

Earn continuing nursing education (CNE) contact hours for your professional development, recertification, and re-licensure. Contact hours will be awarded on a 60-minute contact hour basis as follows:

Main ConferenceUp to 14.5 contact hoursThursday, October 35.5 contact hoursFriday, October 44.0 contact hoursSaturday, October 55.0 contact hours

Pre-Conference Workshops

020: Dementia Care Specialist

Clinical Skills Training
030: House Calls
04.75 contact hours
040: Pharmacology
4.5 contact hours

050: Pain Management

and Opioids 2.25 contact hours

Sessions marked with R contain pharmacology content that can be applied toward pharmacology credit requirements. Pharmacology content credit is time-based on the content outline.

This conference is jointly provided by Anthony J. Jannetti, Inc. (AJJ) and the Gerontological Advanced Practice Nurses Association (GAPNA).

Anthony J. Jannetti, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Anthony J. Jannetti, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number CEP5387.

Session 020: This workshop is jointly provided by UCLA, GAPNA, and Anthony J. Jannetti, Inc.

Session 030: This workshop is jointly provided by Home Centered Care Institute (HCCI), GAPNA, and Anthony J. Jannetti, Inc.

Session 050: Contact hours awarded by the Nurse Practitioner Healthcare Foundation.

The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Online Library and Conference Handouts

The GAPNA Online Library gives you even more value with your conference registration. Full conference attendees receive free access to conference sessions in the GAPNA Online Library. Listen to sessions you may have missed onsite or revisit courses you already attended. Content will be available approximately 3 weeks after the conference.

Session handouts will be available to view and print approximately 2 weeks prior to the conference. Handouts will not be available onsite.

Evaluate sessions online, either at home or onsite, to earn your contact hours. You will have approximately 3 weeks following the conference to complete evaluations. Access your CNE certificates in the GAPNA Online Library and print any time.

Networking

A key benefit of attending the GAPNA Conference is the opportunity to develop relationships with your colleagues through networking. Networking provides many tangible benefits to conference participants.

Exhibits

Representatives from a variety of leading companies and organizations will be on hand to answer your questions and demonstrate their products. You will learn about the latest products and services for gerontological advanced practice nurses. Conference badges must be worn to gain admittance to the exhibit hall.

Industry-Supported Presentation Theaters

An Industry-Supported Presentation Theater is a dedicated time for industry to host a session that provides information on a specific product or service of interest to NPs working in the specialty of gerontology. Since these sessions may be promotional and are specific to a certain product, no contact hours are available for these sessions.

Guest Registration

Guest registration may be purchased for admittance to the following:

Exhibit Hall – admittance to the Exhibit Hall on Thursday (10/3) and Friday (10/4) only.

Awards Luncheon – reserves a seat during the Awards Luncheon Saturday (10/5) only. Separate guest registration fees apply.

Payment Policy

Register Early! Registrations will not be processed unless full payment is received with the registration form. If a check is returned by the bank for insufficient funds or credit cards denied, full payment must be received by cashier's check or money order with an additional \$15 processing fee.

Cancellation Policy

Upon fax (856-218-0557), email (GAPNA@ajj.com), or written notice to GAPNA (P.O. Box 56, Pitman, NJ 08071-0056) of need to cancel, your registration fee will be refunded, less a \$75 administration fee. Cancellations must be received at the National Office by **September 5, 2019**. Telephone cancellations will not be accepted. No refunds will be made thereafter.

In the event GAPNA should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, GAPNA will not be liable for registrants' expenses. In whatever manner the cancellation/postponement is ultimately resolved, GAPNA will act responsibly to protect members' and registrants' investment in the conference and association.

Photo Release

GAPNA occasionally uses photographs of conference participants in promotional materials. By virtue of your attendance, you agree to usage of your image in such media. Additionally, any photos made public and shared through the official GAPNA Annual Conference App are the property of GAPNA and may be used in promotional materials.

Share a Room

If you are interested in sharing a room during the conference and would like your name added to the Willingness to Share a Room List, simply check the appropriate box when you are registering for the conference. Your name, telephone number, city, state, and email address will be added to a list that will be accessible by others who have registered for the conference via an online link provided in the confer-

ence registration confirmation email. It will be your responsibility to contact others on the list and make arrangements with them directly.

Hotel Information

Paris Las Vegas 3655 S Las Vegas Blvd Las Vegas, NV 89109

Paris Las Vegas has been designated as the official hotel for the 2019 GAPNA Annual Conference. A block of rooms has been secured at the special rate of \$175 single/double, which includes a \$19 per room per night resort fee. This rate is subject to applicable state and local taxes, currently 12%. Check-in is 4:00 p.m. and check-out is 11:00 a.m.

To receive the conference rate, make online reservations on the GAPNA website (GAPNA.org) or call hotel reservations at 866-227-5944 and refer to the GAPNA Annual Conference. The conference rate is available through **September 2, 2019,** or until the room block is full. Reservations received after this date will be accepted on a space and rate available basis. **Note:** GAPNA does not use a housing bureau and no one associated with GAPNA will call you to make a hotel reservation.

Parking

Self-parking: \$12 per day. Valet parking: \$24 per day.

Transportation

The McCarran International Airport is about 3 miles from the hotel. The North Las Vegas Airport is about 9 miles from the hotel. For further info visit: https://www.mccarran.com/transportation

Delta Airlines Flight Discount

Delta Air Lines is pleased to offer special discounts for attendees of the 2019 GAPNA Annual Conference.

Visit gapna.org to book your airfare online. You may also call Delta Meeting Network® at 1-800-328-1111*, Monday through Friday, from 7:00 a.m. – 7:30 p.m. (Central time) and refer to Meeting Event Code NY2TW.

*Please note there is not a service fee for reservations booked and ticketed via our reservation 800 number.

LAS Xpress Non-Stop Service and Economy Service

LAS Xpress Non-Stop Service and Economy Service is available for attendees of the 2019 GAPNA Annual Conference. LASxpress offers advanced reservations on a secure website 24/7/365, pre-printed boarding passes to eliminate frustration of securing transportation onsite and avoiding long taxi lines, significant savings vs. taxi fare, priority boarding, and onsite airport staff. Visit gapna.org to book your shuttle reservation.

Weather

By October the summer heat has worn off in Las Vegas. The average high fluctuates between the upper 70s and the low 80s, with nightly lows in the high 50s – making this a comfortable and enjoyable time of year. Temperatures in the conference rooms in the hotel may vary so please remember to bring a sweater. We also suggest comfortable walking shoes for your conference activities.

GAPNA Foundation Events and More **%**

GAPNA Foundation Events

Add these Highlights to Your Conference Experience While Supporting the Foundation, Nursing Scholarships, and Research!

The mission of the GAPNA Foundation is to provide financial grants to support scholarly research projects related to gerontological nursing and provide educational opportunities for registered and advanced practice nurses working with older adults. Help us achieve this mission by supporting in our fundraising events in Las Vegas, NV, this year.

Scramble Golf Outing

Wednesday, October 2 Tee time: 12:58 p.m. (rain or shine)

At Desert Pines Golf Club Las Vegas, experience the Carolina sandhills, tucked away minutes from the Las Vegas Strip, in the historic part of Las Vegas. As you tee off, you will feel transported from the casinos and overpowering glitz to a place where you can enjoy the fresh, calming scent of real pine trees.

Cost: \$150 per person. Includes green fees, practice balls, and electric cart with GPS. Golf clubs available for rental for \$40 each.

Fun Run/Walk

Friday, October 4 – 6:00 a.m. - 7:00 a.m.

Get energized with an exhilarating morning run or walk and enjoy the beautiful Las Vegas scenery. Which chapter will have the most participants this year?

Cost: \$25 per person

Donny & Marie at The Flamingo Las Vegas

Friday, October 4

Show begins at 7:30 p.m. Doors open at 6:30 p.m.

America's most celebrated brother and sister duo share the stage for a Las Vegas extravaganza with live music, dancing, and singing. With five decades of memorable hits, Donny and Marie Osmond have been entertaining millions of people with their talents.

Get your tickets and see how Donny and Marie light up the Las Vegas stage with a performance that surpasses all other headliners in Las Vegas for the special conference price of \$92.00 plus tax. You can purchase tickets during the conference registration process. Seating is limited. Tickets available on a first-come first-served basis.

Cost: \$92 per person



Registrants receive FREE access to GAPNA's conference app

Keep organized, connect with others, and so much more!

Look for details in your registration confirmation letter.

Experience Las Vegas: That's Entertainment!

Over 42 million visitors last year can't be wrong. Las Vegas is a world-class destination, with amenities and offerings to delight GAPNA Conference travelers, couples, families, outdoor enthusiasts, groups, and those who really just want to live the world-famous tagline, "What happens in Vegas stays in Vegas."

Sin City, America's Playground, the Entertainment Capital of the World – all worthy names for this Nevada hotspot. Think of Vegas as a theme park rather than a city – it can awe as much as it can overwhelm, and that's part of the appeal.

Gaming, music, shows, dining, spas, shopping – Las Vegas can supply every type of entertainment your imagination can offer. Las Vegas is also a great jumping-off point for outdoor activities, such as hiking in Red Rock Canyon or visiting the Hoover Dam. There's no shortage of culinary choices in Las Vegas. So much so that's it's one of the best foodie cities in the country. You'll find everything from high-end French fare to budget-friendly burgers.

Best Things to Do in Las Vegas

As recommended by U.S. News & World Report:

- Visit the Strip: The epicenter of your entertainment experience.
- · Paris Eiffel Tower Experience
- · Venetian Casino and Grand Canal
- Bellagio Casino and Fountains
- Mirage Casino and Volcano
- Mandalay Bay Aquarium and Beach
- Freemont Street
- Cirque du Soleil
- High Roller Observation Wheel
- Hoover Dam Tour

For History Lovers

Though the area is known for constantly embracing the new, there are a number of places where visitors can view Las Vegas' history. The Neon Museum showcases Las Vegas' most iconic art form: the neon sign. Take a guided day or nighttime tour of over 150 vintage signs on display.

At the Mob Museum, experience an exciting and authentic view of organized crime's impact on Las Vegas and beyond through engaging exhibits and presentations. This museum was named one of the "20 Places Every American Should See" by Fox News and Budget Travel magazine.

Las Vegas Natural History Museum has many permanent exhibits, including one showcasing Ancient Egypt and the boy pharaoh King Tut. The museum's Wild Nevada Gallery draws visitors into the scenic, rugged beauty of the Mojave Desert. A large variety of plants and animals are featured in this multisensory gallery, engaging visitors with computer animation and interactive exhibits.

These exciting options only begin to scratch the surface of memorable things to do in the Entertainment Capital of the World. Get more info on these and other attractions and events happening in October at https://www.visitlasvegas.com

Reach for Excellence! We have a seat reserved just for you.

Test at the conference. Become certified as a Gerontological Specialist and earn the GS-C credential. This is the ONLY specialty certification that recognizes your gerontological advanced practice nurse expertise. *Demonstrate your expertise!*



For more information, go to www.gncc.org or see page 7.



GAPNA 38th Annual Conference October 3-5, 2019 – Las Vegas, NV



Print Name: Credentials:			3 Ways To Register		
Organization/Employer Name:					
Mailing Address - Street: ☐ Home ☐ Work				www.gapna.org/ annual-conference	
City / State / Zip:					
Nursing License # State Exp. date				By Fax: 856-218-0557	
Daytime Phone: ☐ Home ☐ Work (Mail completed form	
F mail (required):				Mail completed form with payment to:	
E-mail (required): Home Work Do not share my email address with any GAPNA exhibitor or networking vendors				GAPNA Registration	
*Non-members may register at the Member rate			Non-	East Holly Avenue/Box 56 Pitman, NJ 08071-0056	
by including membership fee with registration fees.		GAPNA Member	Member*	Registration cannot be processed	
Main Conference Registration Fees (Pre-Conference Workshops not included)		Rate	Rate	without payment.	
Postmarked 8/21/19 & before - Early Fee		□ \$469	□ \$589	Purchase Orders cannot be accepted.	
Postmarked 8/22/19 & after - Regular/Onsite Fee		□ \$559	□ \$689	Make checks payable in U.S. funds to: GAPNA	
Student/Retired (CNE not included)		□ \$259	□ \$359	All cancellations and transfers must be received in	
☐ Pre-Conference Workshop 010: ICAMP (no contact hours)		□ \$50	□ \$60	writing. For cancellations postmarked prior to September 5, 2019, we will refund registration cost, less a \$75 administrative fee. We are unable to	
☐ Pre-Conference Workshop 020: Demetia Care		□ \$125	□ \$175		
☐ Pre-Conference Workshop 030: House Calls		□ \$95	□ \$135	make refunds after September 5, 2019, but will gladly transfer your registration to a colleague if the request is made in writing to GAPNA at the above address. You will receive your receipt/confirmation information via the email address used to register	
☐ Pre-Conference Workshop 040: Pharmacology		□ \$115	□ \$165		
☐ Evening Session 050: Opioid (no additional fee)		☐ Yes, I will a	attend		
Daily Rate					
Daily - (indicate 1 day only) ☐ Thursday ☐ Friday ☐ Saturday		□ \$259	□ \$369	for this meeting.	
Daily Student/Retired (CNE not included) - (indicate day) ☐ Thursday ☐ Friday ☐ Saturday		□ \$119	□ \$169		
Guest Badge for Exhibit Hall only - (see page 9)		□ \$175	□ \$175	Share a Room	
Guest Badge for Awards Luncheon only		□ \$85	□ \$85		
Guest Name: Membership Fees				Share a Room	
Membership Fees			□ \$100	☐ I am interested in sharing a room.	
☐ Student - \$60 ☐ Retired - \$75 (enter dollar amount)			□ \$	Special Needs* (dietary, access, etc.)	
GAPNA Foundation Event Fees					
			r.		
		ons @ \$25 =			
		ons @ \$92 =	\$		
Foundation Donation ☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ Other			\$	* Please let your server know that you reserved a	
TOTAL ENCLOSED \$ special needs meal.					
Session Selections — Indicate 1st and 2nd choice	ce for all Concurrent Sessions	. Attendees are	automatically re	egistered for the Keynote Address and all General Sessions.	
Thursday, October 3 New Member/First-Time Attendee Breakfast 7:00 am – 8:00 am	Friday, October 4 Concurrent Sessions – 1:15 pm – 2:15 pm 231 232 233		5 pm	Saturday, October 5 In-Depth Focus Sessions – 9:30 am – 11:30 am 321 322 323	
110			E nm	Membership Meeting/Awards Luncheon –	
Concurrent Sessions – 1:40 pm – 2:40 pm 141 142 143	Concurrent Sessions – 3:15 pm – 4:15 241 242 243		o pm	11:45 am – 1:30 pm	
Concurrent Sessions – 2:50 pm – 3:50 pm 151 152 153				Concurrent Sessions – 1:45 pm – 2:45 pm 341 342	
Concurrent Sessions – 4:00 pm – 5:00 pm 161 162 163					
PAYMENT OPTIONS Tax ID #93-0832304 * Last 3 digits after signature on back of VISA/MasterCard – Last 4 digits					
☐ Check enclosed made payable in U.S. funds to GAPNA Charge my: ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐					
Credit Card Number Exp. Date Security Number *					
Rilling address					

Name on Card (please print) _

Signature _