



Gerontological Advanced Practice  
Nurses Association Foundation, Inc.

## **Promoting leadership and scholarship in advanced nursing practice, education, and research to enhance the health care for older adults through**

**Resource development:** Develop revenue streams to sustain scholarly activities

**Scholarly activities:** Provide financial support for research and educational opportunities; and,

**Administrative activities:** Enhance the organizational structure and function of the Foundation.

-----

### **2008-2009 Annual Report to the GAPNA Foundation, Inc.**

#### **GAPNA Foundation History**

The GAPNA [formerly NCGNP] Foundation was created in 2005 to support GAPNA members by providing financial grants to fund scholarly research and reports in the area of gerontological nursing for the elderly population within the United States and to provide educational opportunities for registered nurses and nurse practitioners to improve their professional skills for the benefit of their elderly patients.

Inspired by Past-President, Barbara Phillips, the Foundation began operations in September, 2005 as an independent not for profit 501(3)(c) charitable organization. Founding Officers were: Chair Barbara Phillips, Vice-Chair Barbara Resnick, and Secretary-Treasurer Mary Pat Rapp. Supporting the Foundation officers were MJ Henderson for Fund Raising, Virginia Lee Cora for Strategic Planning, and Sharon McGuire for Public Relations.

#### **Founding Members**

##### Chapters

Ohio  
Chicago  
Gulf Coast  
Great Lakes

##### Individuals

Barbara Phillips  
Barbara Resnick  
Mary Pat Rapp  
Lynn Chilton  
Virginia Lee Cora  
MJ Henderson

Charlotte Kelley  
Sharon McGuire

### 2008 GAPNA Foundation Board of Directors

2006 Mary Pat Rapp PhD, RN, GNP-BC*	2009 Chair
2007 Barb Resnick PhD, CRNP, FAAN*	2010 Vice Chair
2007 MJ Henderson RN, CS, GNP	2010 Treasurer/Resource Development
2007 Virginia Lee Cora DSN, RN, ANP, GNP	2009 Administrative Affairs/Bylaws
2007 Cathie Taylor	2010 Marketing and Community Liaison
2008 Nancy Wilens MSN, RN, GNP	2011 Secretary
2008 Anna Treinkman MSN, RN, GNP	2011 Resource Development
Barbara Phillips DNS, RN, CNS, GNP-BC*	Board Member Emeritus
Erik Joh, Esq.	GAPNA Foundation Registered Agent

Just four years ago, Barbara Phillips, then Past President of GAPNA recognized the need to promote and to recognize and support GAPNA member gerontological research and clinical projects. GAPNA state chapters and GAPNA leaders responded generously to a call for initial funding to support the GAPNA Foundation mission and goals.

In just two years, the Foundation was able to recognize members for their commitment to the organization and recognize members for research and clinical projects.

### Dave Butler Spirit of GAPNA Scholarship

Dave Butler, Vice President for Johnson & Johnson USA was an advocate and supporter of the goals and mission of GAPNA. It is only fitting that the Dave Butler scholarship is awarded to a member who demonstrates an outstanding commitment to the organization and the mission of the organization. This scholarship offers a stipend to be applied towards registration at the annual GAPNA symposium, travel, and lodging.

2007	Lisa Byrd PhD, RN, CFNP
2008	Marge Dean RN, CS, GNP, MSN

### Student Travel Award

This is an abstract driven travel award targeted to aging research or projects. The recipient of this award is a current student in good standing enrolled in a gerontological nurse practitioner or gerontological clinical nurse specialist program. Research and Practice doctoral students may apply if their research or project focuses on aging.

2007	Carrie Fernald RN, BSN, ANP/GNP student for her project, <i>Nurse Practitioner Student Preparation in Multidisciplinary Health Fair of Vietnamese Refugee Elder Community</i>
2008	Katherine M. Aldrich, RN, MSN, PhD(candidate), for her research, <i>30-day Recovery Perception and Quality of Life in Older Cardiac Surgery Patients</i>

### Research Grant

The Research Grant is a small grant to fund proposed research or a clinical project. The proposed research must be new aging research that is either in the planning stage or has not been implemented for more than six months. Priority is given to proposals that address an evidence-base or outcome relevant to aging and may be quantitative or qualitative. Proposals may be evidence-based to examine and/or provide support for decision making in clinical practice or outcomes based and designed to measure and improve health outcomes for older adults.

- |      |   |
|------|---|
| 2007 | Jenice Guzman MSN, RN for her research, <i>Predictors and Outcomes of Early Adherence to the Use of an Asynchronous Text-Messaging Telehealth Device.</i> |
| 2008 | Marie Boltz PhD, RN, GNP-BC for her research, <i>Physical Function as a Nurse-sensitive Outcome in Hospitalized Older Adults</i>                          |

### **Strategic Plan**

In 2008-09 Virginia Lee Cora developed position descriptions for the Directors. We thank her for her thoughtful review of the Foundation bylaws and clear guidelines to promote communication, expectations, and provide guidance to facilitate the mission and goals of the foundation.

A hearty thanks goes to MJ Henderson, Anna Treinkman, and Cathie Taylor for planning and organizing the Foundation activities.

### **Resource Development**

- Suggested donor levels are listed below. A bounty of Friends supported the Foundation in 2008. A successful campaign to encourage donations included a gerontology friendly reminder to exercise, a pedometer. In July, a post card was mailed to all GAPNA members reminding them of the donor levels and opportunities to support the Foundation.
  - Friends \$25 at convention (sticker)
  - Annual donors \$100, \$500, \$1,000/yr
  - Sustaining donors Pledge \$ xxx.00 10 yrs
  - Corporate donors \$5,000+
- Plan and execute annual fund raising activities at the annual meeting. Activities planned for Savannah include
  - Fun Run/Walk
  - Golf Tournament
  - Trolley Tour
- GAPNA members were kept informed of upcoming events via quarterly emails and announcements in the quarterly GAPNA newsletter.
- Cathie Taylor was instrumental in assisting the Foundation Board in approaching corporate donors for support.
- Future plans include developing a formal mechanism for donations and/or endowments by GAPNA members.

### **Scholarly Activities**

- The Board approved an annual budget. Thanks to the generosity of the donors and participants in the Foundation events, the Foundation is able to increase the amount of awards for 2009.
  - Dave Butler Spirit Award \$2000.00
  - Student Travel Award \$2000.00
  - Research Grant \$2000.00
  - Research Recognition \$100.00 each for four awards.

- A goal for 2009 – 2010 is to develop a program outreach for ANP/GNP students at national, chapter, and individual levels.

### **Administrative Activities**

- The Board met via telephone conference approximately every month.
- Virginia Lee Cora once again stepped up to the plate to update the Foundation page on the GAPNA website.
- The name GAPNA Foundation Inc. was legally changed to reflect the new name of the parent organization.
- The Foundation adopted a personalized version of the new GAPNA logo for the Foundation
- Harriet McClung provided welcome secretarial support for the Foundation.

The GAPNA Foundation is off to a health start with a tradition of activities enjoyed by members including the Fun Run/Walk, the annual Golf Tournament, and a social event tailored to ensure the members relax, enjoy the city, and expand their social network. With all these healthy activities, we should all live forever!

Respectfully submitted,

A handwritten signature in cursive script that reads "Mary Pat Rapp".

Mary Pat Rapp PhD, RN, GNP-BC  
Chair, GAPNA Foundation